

# **POSTER PRESENTATION**

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# HIV infected pregnant women monitored in the Adults 3 Department of the National Institute for Infectious Diseases "Prof. Dr. Matei Balş" – risk of mother to child transmission

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## **Background**

It was estimated that at the end of 2010 more than 34 million people are infected with HIV worldwide and 50% of them are women. After 1989 in Romania, mother-to-child transmission of HIV remains the primary way of child infection with HIV. We analyzed mother to child transmission risk factors between 2005 and 2013.

# **Methods**

We analyzed 18 mother-infant pairs in order to establish the risk factors for HIV transmission. We performed a retrospective study of the HIV infected women monitored in the Adults 3 Department of the National Institute for Infectious Diseases "Prof. Dr. Matei Balş".

# Results

Only 8 of the pregnant women discovered the HIV infection before childbirth and received antiviral prophylaxis: 6 with combivir and lopinavir/r, 1 with combivir and atazanavir/r and 1 with combivir and viramune. All of these patients had caesarean delivery and formula feeding for the child. All new-born were HIV negative. 10 women were diagnosed with HIV infection after the delivery: 9 had a vaginal delivery and one caesarean delivery. None of the women took chemoprophylaxis and all patients breastfed the children. 2 children were HIV positive. Both

HIV positive children were born from mothers with high viral loads and low CD4 counts.

#### Conclusion

All pregnant women must be HIV-tested before delivery in order to reduce the risk of mother-to-child transmission of HIV.

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